



1. Whenever we face a valley in our life journey, we need to remember to ask and answer these two questions first: Who is God? Who am I? What does asking and responding to these two questions in the face of trials do for us? ...Refer to **Hebrews 5:8**

2. Beginning on page 143, Osborne describes three types of valleys. Study the pages in which he describes the three valley types and then fill in the table below.

Valley Type	Hallmark Characteristics	Our Response	Learning
<i>God Sent Me Here</i> <i>Exodus 14</i> <i>Daniel 6</i>			
<i>I messed up</i> <i>Proverbs 19:3</i> <i>2nd Samuel 11:1-12:15</i>			
<i>Who knows why?</i> <i>Job 1-2</i>			

3. In what ways can we respond to valleys?
 - a. **1 Corinthians 10:13**
 - b. **Hebrews 1:2-5**
 - c. **James 1:2-5**
 - d. **James 4:7**
 - e. **Psalms 15**

4. What can we learn from valleys?